



Captain Morgan's Parrot Bay blends premium island rum with natural coconut flavour for a new kind of paradise!

CAPTAIN'S CALYPSO COFFEE

30 mL (1 oz.)

Captain Morgan's Parrot Bay

*15 mL (½ oz.).....Crème de banana
(optional)*

150 mL (5 oz.)Hot coffee

Combine in a mug. Top with whipped cream. Sprinkle with cinnamon.

CAPTAIN'S COCONUT BROWNIE

45 mL (1½ oz.)

Captain Morgan's Parrot Bay

180 mL (6 oz.)Hot water

1 Package hot chocolate mix

Finely chopped walnuts

Whipped cream

Empty envelope of hot chocolate into mug. Stir in hot water. Stir in Captain Morgan's Parrot Bay. Top with whipped cream and garnish with finely chopped walnuts.

CAPTAIN'S PIÑADA PUNCH

One 750 mL bottle

Captain Morgan's Parrot Bay

250 ml (1 cup)Bar sugar

840 mL (28 oz.)Pineapple juice

500 ml (2 cups).....Ginger ale

360 mL (12 oz.)Mango nectar

250 mL (1 cup)Lime juice

2.....Limes

8Medium bananas

Chill all ingredients except bananas. Cut six bananas into thin slices and place in blender with lime juice and sugar. Blend until smooth. Pour over block of ice in punch bowl. Add Captain Morgan's Parrot Bay, pineapple juice and mango nectar. Stir well. Chill mixture one hour before serving. Cut remaining bananas into thin slices. Float banana and lime slices on top of punch. Makes 15 servings.

Note: Parrot Bay not yet available in all provinces.