

# Italian Spaghetti Sauce (Alicia's good)

Jan 105

½ cup chopped onion

7 cloves garlic

2 tablesp oil

Fry above & add:

3 cups water

28 oz tomatoes cut up

2 (6oz) tomato paste

1 tablesp sugar

2 tsp salt

2 tsp oregano leaves

1 tsp basil " "

½ tsp pepper

2 large bay leaves

Bring to boil & then simmer 1 to 1½ hrs.  
(4 meals for us)

This sauce makes enough for us, I add  
7 Don Kim & Bays. Large recipe