

Healthy Cookies

3/4 cup butter or marg.	1 1/2
3/4 cup brown sugar	1 1/2
1/3 cup white sugar	2/3
2 large eggs	4
1/3 cup water	2/3
1 tea vanilla	2
1 3/4 cup flour	3 1/2
3/4 tea. baking soda	1 1/2
1/4 " salt	1/2
1 1/4 cup rolled oats	2 1/2
1/2 cup flax seeds	1
1 1/4 cup choc. chips	2 1/2
1/4 cup sunflower seeds	1/2
1/2 cup unsweetened coconut	1

Great
Cookie!

Free Press

- ① Mix butter + both sugars;
- ② Add egg, vanilla + water. Stir till mixed
- ③ Add all dry ingreds. The dough will be soft & sticky;
- ④ Chill for 30 mins. Drop by tablespoon on greased sheet.

Press each cookie flat.

Bake 350 - 12 - 15 mins

5 doz.

I cut brown sugar to $\frac{1}{2}$ cup + added splenda