

Good

Cheesless Cake

(over)
Alice's
(recipe)

2 cups sour cream

1 large instant vanilla pudding
mix above 15 mins, add

1 tin well drained crushed

pine apple or fruit cocktail

Pour over crumbs

Weept Watchers

Cheese Cake

① 1 ^{litz} Cream Cheese 8oz

② 1 tub lite cool whip

Mix 1 & 2

Add 1 can drained pineapple
cheerds or crushed

