

Chocolate Cheesecake Brownies (Lite)

16 pieces - 170 Calories

1 cup flour

1/4 cup choc. chips

1/2" cocoa

2 tablesp butter

1/2 tsp salt

1 1/4 cups sugar

1/2" b. powder

3 egg whites

1/4" b. soda

1/2 cup milk 1%

1 pkg (8oz) lite cream cheese (room temperature)
Line 8" square pan with enough foil to overhang sides by 2". Oil pan.

Combine flour, cocoa, salt, b. powder & soda. Microwave choc. chips & butter until smooth, stirring. - Cool.

In large bowl whisk 1 cup sugar

and 2 egg whites. I mix till smooth
Stir in flour, then choc, mustard - spread
in pan.

Mix cream cheese, remaining sugar
+ egg white until smooth.

Spoon over batter, swirl with
spoon -

Bake 350 - 30 - 35 mins

Cool -

Using food lift work from
pan.