



CLASSIFIED'S

Kitchen

Courtesy of  
Peak of  
the Market



# Coconut Mint Balls

1/2 cup	potato	125 mL
1.4 oz	soft butter	40g
1-1/4 cup	icing sugar	300 mL
1-1/2 cup	coconut	375 mL
1 tsp	peppermint extract	5 mL
	few drops green food colouring	
2 tbsp	cocoa powder	25 mL

Boil or microwave potato (1 medium) until tender, drain and mash. Push potato through a sieve. You need 1/2 cup (125 mL) mashed potato for this recipe. In a large mixing bowl, while potato is still warm, add butter and mix well. Stir in icing sugar and coconut. Transfer 1/3 cup (75 mL) of this potato mixture to a small bowl; add peppermint extract and food colouring. Add cocoa to remaining coconut mixture in large bowl; mix well.

Roll peppermint mixture into balls; approximately 1 tsp (5 mL). Flatten 1 tbsp (15 mL) of chocolate mixture in palm of hand, top with a peppermint ball and bring chocolate around ball to enclose peppermint mixture. Repeat. Roll in shredded coconut.

*Makes 15*

