

Orange Dream Cheese Cake

1/4 cup graham crumbs

(not
bad)

3/4 c ~~or~~ 2/3 cups boiling water

1 pkg (10.2 grams) lite orange jelly powder

1 cup 1% cottage cheese

1 tub 250 grams lite cheese cream spread

2 cups thawed lite cool whip

Sprinkle crumbs on bottom

spring 9" pan

Essence boiling water with yells. Ster.
Cool 5 mins

Pour into blender, add cheese
blend on med till blended.

Pour into large bowl & add
Cool whip.

Refrigerate 4 hrs. - 1 serving 102

Serves 8.

Calories	149 -
Sodium	- 3.07 mg
Carbs	10.7 grams
Protein	7.7. "
Fat	3.3.
Cholesterol	570.