

Chicken Vegetable Casserole. Phil

6 Chicken breasts (deboned)

$\frac{1}{2}$ Cup flour

1 tsp salt

1 tsp paprika

Black pepper + garlic powder

2 cups sliced carrots

1 can sliced mushrooms (or fresh)

$\frac{1}{2}$ Cup sliced celery

$\frac{1}{4}$ Cup chopped onion

1 can mushroom soup

$\frac{1}{2}$ Cup orange juice

$\frac{1}{4}$ tsp nutmeg

2 tsp brown sugar

$\frac{1}{2}$ cup wine

Combine flour, salt, paprika pepper & garlic powder. Put in bag & shake with chicken.
Brown chicken in oil.

Place in shallow casserole.

Combine veg & put on top of chicken.

Mix together remaining ingredients & pour over chicken.

Bake at 350° for 45 mins.

May be made ahead & refrigerate.