

CHILI

2012
in free peas

Tim's Game Day Chili

SERVINGS: 8

PREP TIME: 5 MIN

COOK TIME: 20 MIN

2 lb	ground beef	1 kg
1	large onion, chopped	1
1	crushed tomatoes (28 oz/796 mL)	1
1	red kidney beans, rinsed and drained (19 oz/540 mL)	1
½ cup	Worcestershire sauce	125 mL
¼ cup	FRENCH'S® Classic Yellow® Mustard	50 mL
¼ cup	ground chili powder	50 mL
2 tbsp	ground cumin	30 mL

BROWN beef in large nonstick pot. Add onion; cook 3 minutes.

STIR in remaining ingredients. Heat to boiling. Simmer, partially covered, 15 minutes until heated through and flavours are blended, stirring often.

TIP This can be made a few days in advance. It also freezes well.