

# Honey Mustard Chicken

1. Brown chicken

4 pieces chicken breast  
1 tablesp oil

2. Add veggies

$\frac{1}{4}$  cup ch. onion

3. Stir in mixture of  
soup, water + spice  
Simmer 5 mins  
Serves 4.

1 can cr. of chicken soup

$\frac{1}{2}$  cup water

$\frac{1}{2}$  tsp garlic powder

2 tablesp honey

2 " dijon mustard