

ICHIHAN NOODLES
1 pkg. Ichiban Noodles (beef flavour - brown pkg)

Dressing:

Use the envelope of dressing mix from the Ichiban Noodles and shake in jar with:

½ c. oil
3 tsp vinegar
½ tsp pepper
2 tsp sugar
¼ c. soya sauce

1 small cabbage shredded
2 chopped green onions

Toss with dressing.

Add: handful sliced fresh mushrooms
½ lb fresh bean sprouts (I omit)
Break up the raw Ichiban Noodles -- use only ½

Add the following before serving:

½ pkg. chow mein noodles (I use a good cup full of the rice noodles China Boy -U.S.)
toast in ¼ c. butter: ½ c. slivered almonds, ¼ c. sesame seed or sunflower seeds