

Italian Beans

Wash 1 lb beans several times or until water is clear, soak overnight with 1 tsp soda added to water. Drain & rinse well. Cook soaked beans in crock pot 3 hrs or until soft but not mushy. Drain & save liquid.

Beans prepared as directed above.

4 medium tomatoes

1 onion chopped

1 med green pepper

1 cube garlic (used garlic powder 1/2 tsp)

2 tsp salt

1/2 tsp oregano

1 tsp chili powder

1 cup shredded Mozzarella cheese

1/4 cup grated Parmesan cheese

Combine all ingredients except cheeses
Plus 2 cups of reserved liquid.

Cover & cook on low 8-10 hrs. Turn

control to high add Moz. + Parm. cheese. Cook uncovered on high for 15-20 minutes. Turn heat off & let stand a few minutes before serving.

I added bits of cooked ham when I made this & it was really good.

Hope you enjoy!
Linda Lee.