

FreePress
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Lemon Spiced Chicken

1/4 cup lemon juice

1/4 cup liquid lemon

2 Tbsp soy sauce

2 " rice vinegar

1 " fresh ginger

1 " ketchup

1 " grated lemon rind

2 " olive oil

1/2 tsp ground cumin

" " cinnamon

" " paprika

" " salt & pepper

8 boneless chicken breasts

1 Tbsp garlic

Mix all ingredients except
chicken. Add chicken &
coat well. Fry for 2 hrs
turning occasionally.

Place chicken in shallow
dish - drizzle any left
over marinade.

Bake 400F - 35-40 mins
brushing once or twice
while baking.