

Meat Loaf

1 lb ground beef

1/4 Cup minced onion 1 tabsp ^{hot} peppers.

1 clove garlic

1 tabsp worcestershire
sauce.

1/2 tea. salt
pepper

1/4 tea oregano

1/8 tea thyme

1 tabsp parsley

1/4 " basil

1 egg beater

1/4 " basil

1 Cup dry bread
Crumbs

350° - 1 hr.