

Pork chop.

Brown chops (flour, s., pepp., paprika)

Add 1 tin chicken soup, simmer.

Put chops in casserole, potatoes, onions,
pour soup gravy, bake.

Dressing

Dry mustard, celery seed, vinegar, miracle
whip.

Quick Lunch

Chicken soup, mushr. soup spread on
bread. Roll toothpick. Brown in oven.

Sweet & sour

$\frac{1}{2}$ cup water

" " br. sugar

$\frac{1}{4}$ " " vinegar (or lemon juice)

$\frac{1}{4}$ " " ketchup

1 tlesp soya sauce.