

## Sweet + Sour Meat balls.

- 1 cup Ketchup
- 1 cup water
- $\frac{1}{4}$  " vinegar
- $\frac{1}{2}$  " white sugar
- 3 tsp Worcestershire sauce
- 1 tsp salt
- $\frac{1}{2}$  tsp chili powder or cayenne