

① Twice Baked:

For each potato

2 tblsp butter

2 " sour cream

$\frac{1}{4}$ tea salt

pepper dash

- ② Microwave any number of potatoes, Carel
uses large, till done, remove centre while hot
Grated cheese opt in above!
Can refrigerate when filled & cook in
microwave for 1 min. Cheives on top if desired.