

Vegetable Casserole

Coral.
9-7-74

- ~~1 pkg frozen baby carrots or fresh~~
 - ~~1 pkg fresh brussels sprouts~~
 - ~~1 med. onion sliced~~
 - ~~1 can whole mushrooms sliced or fresh
(drained)~~
- NO

Cook carrots + onions together for 5 mins (drain). Cook brussels sprouts drain + chop up. Mix veg well in bowl & place in casserole dish.

Tap onion rings
Cover with sauce

350-30 mins uncovered.

Sauce

3 Talsp butter
3 " flour

1 1/2 Cup milk

1/4 tsp salt
pepper

1 1/2 cups velveta Cheese shredded or
use cheez whiz