

Phil

Good

# Morning Glory Muffins

2 cups flour  
1  $\frac{1}{4}$ " W. sugar  
2 tea. b. soda  
2 tea. Cinnamon  
 $\frac{1}{2}$  tea salt  
2 cups grated carrots  
 $\frac{1}{2}$  cup raisins

$\frac{1}{2}$  cup nuts (Pecans or  
Walnut)  
 $\frac{1}{2}$  cup coconut  
1 apple grated  
3 egg  
1 cup salad oil  
2 tea vanilla

Mix sugar, Soda, Cinnamon & Salt.  
Stir in Carrots, Raisins, nuts & Coconut & <sup>Apple</sup>  
In a bowl beat eggs, oil & vanilla.  
Stir into flour mixture until batter is  
just combined.

Spoon in well greased muffin cups,  
filling to top.

Bake 350° - 20 mins.

14 large muffins