

# Sunshine Muffins

- 2 cups WW Flour
- 2/3 cup w. sugar
- 2 tsp B. Soda
- 1 tbsp cinnamon
- 1 cup grated carrots
- 1 cup grated ~~zucchini~~ or apple. → zucchini
- 1/3 cup raisins
- 1/3 cup walnuts
- 1/3 cup choc chips
- 1/3 cup coconut.
- 1 banana mashed

- 3 eggs
- 1 cup oil (scant)
- 2 tsp vanilla
- combine dry ingredients
- Mix eggs oil banana
- + vanilla add to
- dry ingred + mix.

not bad

Dressing

$\frac{1}{3}$  cup oil

$\frac{1}{3}$ " vinegar

$\frac{1}{3}$ " sugar

4 or 6 t. salt

garden