

Beef Vegetable Soup

1 lb gr. beef
1/2 cup chopped onion
1 pkg Hamburger Helper
Beef Noodle & Mix
5 cups water
1 bay leaf

19 gten tomatoes
2 cups cooked vegs
or left overs or
300 grams frozen vegs.

Cook beef & onions till brown. Drain
Ster in hamburger helper mix, bay
leaf, s+p, tomatoes.

Heat to boiling stirring constantly
Reduce heat & simmer covered 10 mins.
Ster in noodles & vegs & return to
boil. Parsnips & Corn 10 mins or longer.

②. If you want to make this a hot different use Rice Oriental Helper Mix instead of Hamburger Helper. & for spices use 2 tbspoon Soya sauce
1 tea. gr. ginger
instead of Chopped onion use $\frac{3}{4}$ cup sliced diagonally green onions + $\frac{1}{2}$ cup radish (opt).
Proceed as other.

Serves 8.

This is the one that I can't find
Rice Oriental Helper Mix!

Love this recipe! (other side)