

Hearty Lentil Soup

2005
Good

2 tea oil

4 large Carrots (2 cups)

1 1/2 cup sliced onion

3 cloves garlic crushed

3-10 1/2 oz Chicken broth (4 cups)

1 cup dried lentils - rinsed & drained

1 tea. Thyme leaves

1/4" pepper

1 - 10 3/4 oz Cream of celery soup + 1 can water

1 - 10 oz package frozen chopped spinach

2 tablespoons fresh lemon juice

Coak in large 4 qt soup pot, heat oil add carrots, onions & garlic - 5 mins
Add Chicken broth - lentils - thyme pepper

Bring to boil. Reduce heat to low
simmer covered 35 minutes until lentils
are tender. Stir in celery soup, frozen spinach
till heated through. Add lemon juice.