

Station Meat ball & Veg. Soup

- 1 lb hamburger
 - 2 tablespoons dry crumbs bread
 - 1 " grated parmesan cheese
 - 1/4 tea dried thyme leaves
 - 1 " oil
- } shape into
meatballs
& fry -
remove
- 1 sliced onion 1 cup.
 - 1 small red bell pepper, sliced thinly (opt)
 - 1 clove garlic crushed
 - 1 - 46 oz vegetable juice
 - 4 cups thinly sliced escarole
 - 1 - 10 oz lima beans frozen, thawed
 - 2 tablespoons pesto sauce - Salt & pepper

To dripping in saucepan add, onion, pepper
garlic & cook 3 mins. Add remainder of
ingreds - bring to boil

Reduce heat to low cook uncovered 10 mins
or longer.