

Pasta Soup

1 tbsp olive oil
1 onion chopped
2 cloves garlic minced
2 stalks celery
2 carrots
5 cups chicken stock
1 " water

^{3 ounces}
1/2 cup diced ham 90 gram
3/4 cup pasta
1 can romano beans 190g or
(540ml drained + rinsed)
1/4 tsp pepper
2 tbsp grated parmesan
cheese.

1 can 28oz tomatoes

Cook in oil onion, garlic, celery & carrot.

about 5 mins

Stir in stock, water, tomatoes & pasta
bring to boil & simmer till veg tender.
Can freeze.